
CURRICULUM VITAE (CV)

Ahmed Salem BaHamman, MD, ABIM, EDIC, FACP, FRCP_(London), FRCP_(Edin), FCCP

PERSONAL INFORMATION:

Place of Birth: Riyadh, Saudi Arabia
Citizenship: Saudi Arabian
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PERSONAL WEBSITES:

<http://faculty.ksu.edu.sa/ahmedbahammam>
<https://scholar.google.com/citations?user=eQccQSQAAAAJ&hl=en>
https://www.researchgate.net/profile/Ahmed_BaHamman

RESEARCHER IDENTIFYING NUMBERS:

- **ORCID:** 0000-0002-1706-6167
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- **Scholar ID:**
<https://scholar.google.com/citations?user=eQccQSQAAAAJ&hl=en>
- **Frontiers Loop Profile:**
<http://loop.frontiersin.org/people/10762/publications>
- **Loop profile:** 10762

SPECIALITIES:

- **Internal Medicine**
- **Respiratory Medicine**
- **Sleep Disorders**
- **Critical Care Medicine**

CURRENT TITLES and POSITIONS:

- **Executive Medical Director of Academic Affairs**
Medical City, King Saud University
- **Director, Prince Naif Health Research Center**
King Saud University
- **Professor of Medicine**
College of Medicine, King Saud University
King Khalid University Hospital
- **Consultant Pulmonologist, Intensivist and Sleep Disorders Specialist**
- **FCCS National Course Consultant**
Society of Critical Care Medicine, USA
- **Director, University Sleep Disorders Center**
King Khalid University Hospital
(The 1st Academic Sleep Disorders Center in Saudi Arabia)
- **Editor-in-Chief**
Nature and Science of Sleep (A Q1 Journal)

- <https://www.dovepress.com/nature-and-science-of-sleep-journal>
- **Founding Editor-in-Chief**
Journal of Nature and Science of Sleep, the Official Journal of the College of Medicine, King Saud University
<https://www.jnsmonline.org/>
- **Associate editor and founding co-Editor, *Annals of Thoracic Medicine***
(the official journal of Saudi Thoracic Society (STS))
- **Associate editor, Frontiers in Neurology (Sleep and Chronobiology Section)**
http://www.frontiersin.org/sleep_and_chronobiology
- **Associate editor, Frontiers in Psychiatry (Sleep and Chronobiology Section)**
<https://www.frontiersin.org/journals/psychiatry/sections/sleep-and-chronobiology>
- **Member of the Sleep and Respiratory Neurobiology (SRN) Assembly's Planning Committee:** American Thoracic Society (ATS) (May 2018 – present)
- **Member, Editorial Board, Saudi Medical Journal (2010-2014)**
- **Member, Editorial Board, Journal of Sleep Disorders & Therapy (ISSN: 2167-0277)**
- **Member, Editorial Board, Journal of Respiratory Research (ISSN 2412-2424)**
- **Member, Editorial Board, World J Neurol**
- **Member, Editorial Board, Sleep Medicine Research [ISSN 2093-9175 (Print) 2233-8853 (Electronic)]**
- **Program Director, King Saud University Sleep Medicine Fellowship**
College of Medicine, King Saud University
- **Member, College of Medicine Research Council (CMRC)**
College of Medicine, King Saud University
- **Member, Academic Promotion Committee**
King Saud University
- **Member, Top Advisory Board**
King Saud University

CERTIFICATIONS:

MBBS, 1989

(Evaluation: Very good - with honor)

MRCP (UK), March 1993

(Membership of the Royal College of Physicians of the United Kingdom)

ABIM, April 1994

(Arab Board of Internal Medicine)

Certificate of Fellowship training in Respiratory and Critical Care Medicine, June 1997

University of Manitoba, Canada

Certificate of Fellowship training in Sleep Medicine, December 1997

University of Manitoba, Canada

**Diplomates of the European Society of Intensive Care Medicine
1998**

European Diploma of Intensive Care medicine (EDIC), July 1998

Diplomates of the European Respiratory Society 2008

European Examination in Adult Respiratory Medicine 2008

Diplomates of the European Sleep Research Society (ESRS)

ESRS Examination for Sleep Experts

ESRS Certified Somnologist - Expert in Sleep Medicine

September 2012

FCCP, May 2000

(Fellowship of the American College of the American College of
Chest Physicians)

FRCP Edin, October 2000

Fellowship of the Royal College of physicians of Edinburgh

FRCP London, 2009

Fellowship of the Royal College of physicians of London

FACP, 2009

Fellowship of the American College of Physicians

FCCS Instructor, April 1997

(Fundamental Critical Care Support),

Society of Critical Care Medicine

Good Clinical Practice (GCP) Certification, October 2009

ECFMG, 1992

PROFESSIONAL FELLOWSHIPS & MEMBERSHIPS:

- Royal College of Physicians of the United Kingdom
- American College of Chest Physicians (Governor)
- World Association of Sleep Medicine
- Saudi Thoracic Society
- American Academy of Sleep Medicine
- European Respiratory Society
- European Sleep Research Society

HONORS:

- King Saud University Life-time Achievement Award 2016, <https://dsrs.ksu.edu.sa/en/node/495>
- Dean's Distinguished Researcher Award, College of Medicine, King Saud University, (1430H, 2009).
- Included in the list of "Pioneers and Thought Leaders in Sleep Medicine" in Kryger: Principles and Practices of Sleep Medicine, 5th Edition (2012)
- Ranked 4th on the Central Province – High School
- MBBS with Honor, College of Medicine, King Saud University
- Ranked 1st in the written exam of the European Diploma in Intensive Care Medicine, Paris 1997
- Research awards: Trainees in the University Sleep Disorders Center under the supervision of Prof. BaHammam won the following prizes:

- Best two research projects in the 5th Annual Conference of the Saudi Thoracic Society (STS), 2008
- 1st prize in the 6th Annual STS conference, 2009
- Silver prize in the College of Medicine Students' Research Day (December 2009)
- Silver prize in the College of Medicine Residents' Research Day (December 2009)
- Best Research Award; Gulf Thoracic 2010 (March 2010)
- 2nd best Research Award; *GulfThoracic* Annual Congress 2010 (March 2010)
- The best two research awards, 2nd *GulfThoracic* Annual Congress 2011, Dubai
- 2nd best research award in Department of Medicine Research Awards, March 2011.
- 2nd best Research Award; *GulfThoracic* Annual Congress 2012 (March 2012)
- Best Research Award; *GulfThoracic* Annual Congress 2013 (March 2013)
- Best Research Award; 25th Saudi Society of Obstetrics and Gynecology Conference. (April, 2016)
- Best Research Award: 8th Gulf Sleep Medicine Congress (Dubai, December 2016) (Assessment of sleepiness, fatigue, and depression among Gulf Cooperation Council commercial airline pilots).
- Best Research Award: 9th Gulf Sleep Medicine Congress (Dubai, December 2017) (The effects of diurnal intermittent fasting on the wake-promoting neurotransmitter orexin-A). (Presented by Abdulrahman Bahammam)

UNDERGRADUATE EDUCATION:

1982 - 1988: King Saud University
The Faculty of Medicine
Riyadh, Kingdom of Saudi Arabia
MBBS Degree (**with honor**)

INTERNSHIP:

1988 - 1989: Three months rotations in Medicine, Surgery, OB/GYN, and Pediatrics.
King Khalid University Hospital, Riyadh
Central Hospital, Sulimania Pediatrics Hospital
Overall Evaluation: Excellent

RESIDENCY TRAINING:

August 1989 - July 1993 Resident, Internal Medicine
King Faisal Specialist Hospital & Research Center
Riyadh, Kingdom of Saudi Arabia

FELLOWSHIP TRAINING:

RESPIRATORY MEDICINE FELLOWSHIP AND CRITICAL CARE (Three years program):

July 1994 - June 1995 **Clinical Fellow**, Critical Care Medicine
Program (Four units medical and surgical),
University of Manitoba
Winnipeg

July 1995 - June 1996 **Clinical Fellow**, Respiratory Medicine
Program
University of Manitoba
Winnipeg

July 1996 - June 1997	Research Fellow , Respiratory and Critical Care Medicine Program University of Manitoba Winnipeg
Aug. 28 - Oct. 25, 1996	Lung Transplantation , Visiting Fellow, Lung Transplant Program Barnes-Jewish Hospital Washington University St. Louis, MO
November 1-26, 1996	Intensive Care of Liver Transplant , Visiting Fellow in the Multiple Organ Transplant Unit University of Western Ontario, London, Ontario

SLEEP DISORDERS FELLOWSHIP (One-year program):

January 1997 - December 1997	Clinical and Research Training in "Sleep Disorders" Sleep Disorders Center St. Boniface General Hospital University of Manitoba Winnipeg, Manitoba
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CURRENT AND PREVIOUS APPOINTMENTS AND PROFESSIONAL AND TEACHING EXPERIENCE:

December 2018 – present	Executive Medical Director of Academic Affairs King Saud University Medical City
August 2019 – present	Director, Prince Naif Health Research Center King Saud University
January 2007	Professor of Medicine College of Medicine King Saud University
January 2003 - December 2006	Associate professor of Medicine College of Medicine King Saud University
June 1998 - December 2002	Assistant professor of Medicine College of Medicine King Saud University
September 2016- September 2017	Member, Top Advisory Board King Saud University
September 2013 – September 2015	Member of the University Scientific Council , King Saud University
September 2013 – September 2015 2008-2010	Member, Board of the College of Medicine College of Medicine, King Saud University Member, Editorial Board, CHEST ME American College of Chest Physicians (ACCP).

September 2008 - September 2013	Head, Institutional Review Board (IRB) College of Medicine, King Saud University
October 2020	Founding Member of the Council Ramadan Research Society (King Saud Bin Abdulaziz University)
May 2003	Founding Member of the Council of Saudi Thoracic Society (STS)
May 2003- December 2008	Member of the Board of Directors of the Saudi Thoracic Society (STS)
January 2002 - Present	Director, University Sleep Disorders Center King Khalid University Hospital
September 2013- present	Representative of the College of Medicine in the University Scientific Council King Saud University
January 2013 - 2014	Representative of King Saud University in King Abdullah International Research Center for genome
October 2008 - September 2011	National Delegate, Saudi Arabia European Respiratory Society
October 2008 - September 2013	Chairman, Institutional review Board (IRB) College of Medicine King Saud University
March 2011-March 2014	Chairman, Saudi Sleep Medicine Group
October 2010- present	Member, Board of the Deanship of Scientific Research King Saud University
November 2000 - October 2006	Governor of the American College of Chest Physician in Saudi Arabia
September 2004 - August 2005	Head, Intensive Care Unit King Khalid University Hospital
September 2004 September 2005	Head, Pulmonary Unit King Fahd Medical City
September 2005 - September 2006	Chairman Department of Pulmonary and Critical Care King Fahd Medical City
September 2005 - September 2006	Chairman CPR Committee King Fahd Medical City
December 1998 – Present	National FCCS Course Consultant (<u><i>1st National FCCS course consultant in the Middle East</i></u>) Society of Critical Care Medicine (SCCM) USA
September 2008- September 2009	Head, Respiratory Unit Department of Medicine, College of Medicine

	King Saud University
June 2014	Asian Sleep Medicine Society (Member of the Founding Committee of the Asian Sleep Medicine Society) Beijing, China
Jan 2006 - Present	Editor of a biweekly Medical Page Alriyadh newspaper www.alriyadh.com/php/file/?file_id=493
December 1998 - Present	Course Instructor <i>Fundamental Critical Care Support Instructor & Provider Course (FCCS)</i> – Society of Critical Care Medicine (USA) <u>First Center to organize the course in the Middle East</u> Postgraduate Center King Saud University, College of Medicine Riyadh, Kingdom of Saudi Arabia
December 1998 – June 2001	Course Organizer (Course 341 MED.) Introduction in to Clinical Skills College of Medicine King Saud University
July 2001 - Present	Course Supervisor (Course 341 MED) Introduction in to Clinical Skills College of Medicine King Saud University
July - October 1993	Medical Specialist Riyadh Central Hospital Ministry of Health Riyadh, Saudi Arabia
July 1994 - June 1995	Life Flight Physician Manitoba Air Ambulance Winnipeg, Manitoba

COURSES AND WORKSHOPS ORGANIZED:

A. Fundamental Critical Course Support Course (FCCS):

Saudi Arabia was the 5th country to organize the FCCS in the World and the 1st in the Middle East. We have organized more than more than 10 FCCS courses per year throughout Saudi Arabia in collaboration with KFSH and RC and Ministry of Health since. We formed the Saudi FCCS organizing committee that help spreading the FCCS in KSA and neighbor countries (Egypt 2000 and UAE 2001)

B. Sleep Studies and Polysomnography Courses:

1. 11-12 December 2019 3rd Advanced PSG Scoring Course & Workshop
Dubai, UAE
2. 7-10 December 2019 18th Polysomnography Course & Workshop
Dubai, UAE
3. January 2019 17th Polysomnography Course & Workshop
Dubai, UAE

4. 10-13 December 2017 16th Polysomnography Course & Workshop
Dubai, UAE
5. 13-14 March 2017 2nd Advanced PSG Scoring Course & Workshop
Dubai, UAE
6. 05-08 December 2016 15th Polysomnography Course & Workshop
Dubai, UAE
7. 31 March - 01 April 2016 1st Advanced PSG Scoring Course & Workshop
Amman, Jordan
8. 27-30 March 2016 14th Polysomnography Course & Workshop
Amman, Jordan
9. 06-09 December 2015 13th Polysomnography Course & Workshop
Dubai, UAE
10. 04-07 May 2015 12th Polysomnography Course & Workshop
Riyadh KSA
11. 08-11 December 2014 11th Polysomnographic Course & Workshop
Dubai, UAE
12. 05-08 May 2014 10th Polysomnography Course & Workshop
Amman, Jordan
13. 01-04 December 2013 9th Polysomnography Course & Workshop
Dubai, UAE
14. 27 April - 01 May 2013 8th Polysomnography Course & Workshop
Riyadh KSA
15. 16-19 December 2012 7th Polysomnography Course & Workshop
Dubai, UAE
16. 05-09 May 2012 6th Polysomnography Course & Workshop
Riyadh KSA
17. 11-14 December 2011 5th Polysomnography Course & Workshop
Dubai, UAE
18. 30 April - 04 May 2011 4th Polysomnography Course & Workshop
Riyadh KSA
19. 12-15 December 2010 3rd Polysomnography Course & Workshop
Dubai, UAE
20. 01-05 May 2010 2nd Polysomnography Course & Workshop
Riyadh KSA
21. 02-06 January 2010 1st Polysomnography Course & Workshop
Riyadh KSA

JOURNAL EDITORSHIP:

December 2020

Editor-in-Chief

Nature and Science of Sleep (A Q1 journal)

<https://www.dovepress.com/nature-and-science-of-sleep-journal>

January 2018 –
Present

Editor-in-Chief (founding Editor)

Journal of Nature and Science of Medicine (JNSM)

(The official journal of the College of Medicine at King Saud University)

September 2005 -
Present

Associate editor of *Annals of Thoracic Medicine*

(The official journal of Saudi Thoracic Society, STS)

May 2011-present

Associate Editor

Frontiers in Neurology (Section of Sleep and Chronobiology)

<http://www.frontiersin.org/neurology/sleepandchronobiology/editorialboard/>

2013-present	Associate Editor Frontiers in Psychiatry (Section of Sleep and Chronobiology) https://www.frontiersin.org/journals/psychiatry/sections/sleep-and-chronobiology
October 2018-present	Editorial Board Member Nature and Science of Sleep https://www.dovepress.com/nature-and-science-of-sleep-journal
May 2019-present	Editorial Board Member Current Sleep Medicine Reports https://link.springer.com/journal/40675
2009-May 2011	Review Editor Frontiers in Sleep and Chronobiology http://www.frontiersin.org/neurology/sleepandchronobiology/editorialboard/
January 2017- Present	Editorial Board Member Sleep and Vigilance http://www.springer.com/biomed/neuroscience/journal/41782
October 2008- 2012	Member, Editorial Board, CHEST ME American College of Chest Physicians (ACCP).
February 2010- 2014	Member, Editorial Board, Saudi Medical Journal http://www.smj.org.sa/
April 2010- July 2012	Member, Editorial Board, Ann Saudi Medicine http://www.saudiannals.net/
September 2015- Present	Member, Journal of Sleep Disorders & Therapy (ISSN: 2167-0277) http://www.omicsgroup.org/journals/editorialboard-sleep-disorders-therapy-open-access.php
September 2015- Present	Member, Journal of Respiratory Research (ISSN 2412-2424) http://www.ghrnet.org/index.php/jrr
January 2011- 2015	Member, Editorial Board, Journal of Clinical Medicine and Research http://www.academicjournals.org/JCMR/Email.htm
December 2011- 2016	Member, Editorial Board, World Journal of Neurology http://www.wjgnet.com/wjne/index.htm
May 2016- Present	Member, Editorial Board, Sleep Medicine Research [ISSN 2093 9175 (Print) 2233-8853 (Electronic)] http://www.sleepmedres.org/
April 2016-2018	Member, Editorial Board, EC Pulmonary and Respiratory Medicine https://www.econicon.com/ECPRM-EB.php

SCIENTIFIC AND EDUCATIONAL COMMITTEES:

January 2021	Saudi Sleep Medicine Fellowship Program Taskforce Committee (Chairman) Saudi Commission for Health Specialties
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August 2020	Asian Accreditation of Sleep Medicine Physicians and Technologists Practice Guidelines Taskforce Committee (Chairman) The Asian Society of Sleep Medicine
January 2020	Physical activity and Sleep National Guidelines Committee Saudi Center for Disease Control and Prevention (Saudi CDC)
April 2020	Ministry of Education COVID-19 Research Committee Ministry of Education
February 2020	COVID-19 Research Committee College of Medicine, King Saud University
May 2018 – present	Member of the Sleep and Respiratory Neurobiology (SRN) Assembly's Planning Committee: American Thoracic Society (ATS) https://www.thoracic.org/members/assemblies/assemblies/srn/officers-and-committees/
December 2018-present	Board of Directors of the King Saud University Medical City (member)
December 2018-present	Executive Board King Saud University Medical City (member)
January 2019-present	Board of Directors of Prince Naif Research Center (Chair) King Saud University Medical City
January 2019-present	Steering Committee of the Clinical Trail Unit (Chair) King Saud University Medical City
December 2018-present	Committee for training and scholarship (Chair) King Saud University Medical City
April 2019-present	Project Advisory Committee of Saudi Institute of Health (member) Ministry of Health Vision Realization Office
April 2019-present	Central Committee for Scientific Research, College of Medicine (member) King Saud University
May 2019-present	Founding Committee of the Saudi National Institute of Health (NIH), Vision Realization Office (member)
2017-2018	Dallah Health Grant Committee (Chair) College of Medicine, King Saud University
January 2015 - January 2017	King Saud University Top Advisory Council (member)
November 2016 - Present	University Staff Affairs Committee College of Medicine, King Saud University
November 2016 - Present	College of Medicine Research Committee College of Medicine, King Saud University
October 2016 - Present	Department of Medicine Research Committee College of Medicine, King Saud University
September 2007 -	College of Medicine Research Center

September 2016	(CMRC) , College of Medicine, King Saud University
October 2008 - September 2013	Chairman, College of Medicine Institutional review Board (IRB) College of Medicine, King Saud University
January 2009 - June 2009	Committee to establish Prince Naif Health Sciences Research Center King Saud University
December 2011- Present	Accreditation Committee for Sleep Medicine Specialists and Technologists Saudi Commission for Health Specialties (Sleep Medicine and Sleep technology have been accredited as distinct specialties in Saudi Arabia on 2012 to be one of the first countries to recognize sleep medicine as an independent specialty)
September 2013 - September 2015	King Saud University Scientific council
September 2013 - Present	Academic Promotion Committee King Saud University
September 2013 - September 2015	College of Medicine Board (member) King Saud University
January 2013 - 2014	Founding Committee for King Abdullah International Research Center for Genome
October 2011	Committee to organize the utilization of hospital and college laboratories in research College of Medicine, King Saud University
January 2012- Present	National Committee for the Accreditation of Sleep Medicine Physicians and Technologists Saudi Commission for Health Specialties
October 2010 - October 2011	Member, Board of the Deanship of Scientific Research King Saud University
April 2009 - June 2011	Sub-Committee for Policies and Procedures for the Health Sciences Research Center , King Saud University
2009	Scientific Committee 1 st International pediatric and Adolescent Sleep medicine Symposium, Riyadh
June 2007 - March 2009	Research Committee Department of Medicine College of Medicine, KSU
March 2007	KSU Medical Journal Committee Postgraduate Center, College of Medicine, KSU
1999 – 2003	King Saud University Fellowship Exam Committee College of Medicine, KSU
1999 – 2001	Antibiotics Committee King Khalid University Hospital

2000 – 2001	Development of the Undergraduate Education Committee King Saud University
2002- 2003	Critical Care Service Development Committee King Khalid University Hospital
2004	Scientific committee 2 nd Annual Meeting of the Saudi Thoracic Society. Riyadh
2005	Scientific committee 3 rd Annual Meeting of the Saudi Thoracic Society. Khobar
2006	Scientific committee 1 st Saudi European Symposium, Riyadh
2006	Orientation and Medical Supervision Committee (Hajj) Ministry of Health Hajj 1427 season
2007	Scientific committee 5 th Annual Meeting of the Saudi Thoracic Society. Riyadh
2008	Scientific committee 6 th Annual Meeting of the Saudi Thoracic Society. Riyadh
2009	Scientific Committee 1 st Pediatric and Adolescent Sleep Medicine Symposium Riyadh (April 2009)
2009	Chairman, Scientific committee and chairman of the meeting 1 st Gulf Sleep Apnea Meeting, Dubai (December 2009)
2010	Chairman, Scientific committee Sleep Medicine 2010 (February 2010) King Fahd Medical City, Riyadh
2010	Scientific Committee Gulf Thoracic 2010, Abu Dhabi (March 2010)
2011	Scientific Committee GulfThoracic 2011, Dubai (March 2011)
2012	Scientific Committee GulfThoracic 2012, Dubai (March 2012)
2012	Scientific Committee Prime Time Sleep Medicine Conference King Fahad Medical City (February 2012)
2012	Co-chair and Scientific Committee 3 rd Regional Conference of Sleep and respiratory Medicine Sharm El Sheikh, Egypt (November 2012)
2012	Co-chair and Scientific Committee 4 th Gulf Sleep Medicine Meeting Dubai, December 20, 2012

2013

King Abdullah International Genomic Center
Member of the founding council

CONSULTANTSHIP SERVICES:

Consultant ship services have been provided to the following hospitals:

- King Fahd Medical City 2005-2006
- Elite Medical Center 1999-2004
- Dallah Hospital 1998
- Riyadh Care Hospital 2000
- Specialized Medical Center Hospital 2001-2007
- King Abdullah Center, King Saud University: Reviewed and modified the proposal of Al Marfaa University to start Respiratory Care Bachelor Degree (2008)
- ENT Medical Center 2001-2018
- Dallah Hospital March-2019-present

EXTERNAL EXAMINER

- Sultan Qaboos University: External Examiner for PhD Thesis “Title of Thesis: Sleep Patterns and Cardiometabolic Risk in Omani Adults “ (February 2017)
- Kuwait University (2015, 2016 & 2019).
- Royal College of Surgeons in Ireland – Medical University of Bahrain (2016)

SCHOLARSHIP RELATED TO EDUCATION:

December 1998 -	Established the “Fundamental Critical Care Support Instructor & Provider Course (FCCS) – Society of Critical Care Medicine (USA)” for the 1 st time in Saudi Arabia
January 2000 - Present	FCCS became a National Program In collaboration with King Faisal Specialist Hospital Out Reach Program and Ministry of Health, we made the FCCC Course a National Program conducted in different cities in Saudi Arabia
2009	Assigned by King Abdullah for institute for Research & Consulting Studies to review and assess the Respiratory Therapy Program for Bachelor Degree in Respiratory Therapy in Almaarefa Colleges
January 2009	Developed “King Saud University Sleep Medicine Fellowship Program” http://sleep.ksu.edu.sa/en/FellowshipProgram
January 2010	Developed the “Intensive Polysomnography Course and Workshop” The program became regional, where it is conducted in Riyadh, Dubai and Amman 2-3 times per year. http://sleep.ksu.edu.sa/en/AboutPSG
January 2010	“3-months” and “6-months” onsite Structured Training for Sleep Technologists
May 2012	Chaired a committee to develop the “Saudi regulations for the accreditation of sleep medicine physicians and technologists” http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3573555/

- March 2016 Developed the “**Advanced Polysomnography Scoring Course**”
<https://www.sleep-ksu.net/Education---courses/Courses/Advanced-Polysomnography-Scoring-Course-and-Worksh/About-the-Course.aspx>
- March 2019-present **Faculty in the Clinical Investigator Program**
College of Medicine, King Saud University

TEACHING PATIENTS & LAY INDIVIDUALS:

- May 2001 Launched the “**Encyclopedia of Sleep in Health & Disease**”).
A bi-lingual educational website for patients and the public.
<http://www.alnoum.com/index.php/ar/home>
- January 2006 – Present Edit an educational page about sleep disorders
and respiratory problems in **Arriyadh News Paper**
<http://www.alriyadh.com/file/493>

PRESENTATIONS IN SCIENTIFIC MEETINGS AND CONFERENCES:

- November 3, 1995 “*Nosocomial Pneumonia*”
Continuing Medical Education (CME) for
Family Physicians, University of Manitoba
- February 9, 1996 “*Nosocomial Pneumonia in the ICU*”
Subspecialty Round for Medical Residents
St. Boniface General Hospital, Winnipeg,
Manitoba
- May 9, 1996 “*Role of Gastric Aspirate in the Diagnosis of
Pleuropulmonary TB*”
Resident’s Research Day
University of Manitoba
- July 2, 1996 “*Role of Gastric Aspirate in the Diagnosis of
Pleuropulmonary TB*”
Research in Progress Seminars
Respiratory Hospital, Health Sciences Center
Winnipeg
- Nov. 19, 1996 “*Immunosuppression in Solid Organ
Transplantation*”
Critical Care Grand Round
University of Western Ontario, London Ontario
- Oct. 28, 1997 “*Cardiac angiosarcoma presenting as right
heart failure secondary to pulmonary
vascular carcinomatosis*”
Cancer Case Reports Affiliates’ Forum
63rd Annual International Scientific Assembly
of the American College of Chest Physicians
(ACCP)
New Orleans, Louisiana
- February 10, 1999 “*Sleep Disorders: A Wake Up Call*”
Grand Round, Department of Medicine
College of Medicine
King Saud University
- February 24, 1999 “*Sleep Disorders: A Wake-Up Call*”
Pulmonary and Critical Care Symposium
King Fahd National Guard Hospital
Riyadh
- March 1, 1999 “*Sleep Disorders: A Wake-Up Call for Family Physicians*”

March 3, 1999	Riyadh Family Physicians Club College of Medicine, King Saud University <i>"Critical Care Medical Emergencies"</i> Trauma and Critical Symposium Saudi Anesthesia Association Jeddah
June 14, 1999	<i>"Obstructive Sleep Disordered Breathing"</i> Medical Grand Round King Faisal Specialist Hospital
July 12, 2000	<i>"Insomnia: No more sleepless nights"</i> Medical Grand Round King Faisal Specialist Hospital, Jeddah
October 2000	<i>"Anti-Leukotrienes in the Management of Asthma"</i> Riyadh Family Physicians Symposium Security Forces Hospital
January 30, 2001	<i>"Sleep and Its Disorders in Children"</i> Pediatrics Grand round College of Medicine, King Saud University
March, -2001	<i>"Introduction into Sleep Medicine"</i> Second International Family Physicians Symposium Riyadh, Diplomatic Quarter
April, 2001	<i>"Obstructive Sleep Disorders Breathing"</i> Grandround Security Forces Hospital
May 30, 2001	<i>"Acute Eosinophilic Pneumonia as a Cause of Severe Community Acquired Pneumonia"</i> Medical Grand Round College Of Medicine, KSU
January 9, 2003	<i>"Sleep Disordered Breathing in Patients with Acute Coronary Syndrome"</i> 1st Saudi Chest Club Meeting Jeddah, Saudi Arabia
May 2003	<i>"Surgical Management of Obstructive Sleep Apnea"</i> 12 th Annual Saudi ENT Society Meeting Madina, Saudi Arabia
October 7, 2003	<i>"Sleep Apnea and Stroke: Cause or Consequence"</i> Taiba Medical Conference Madina, Saudi Arabia
March 17, 2004	<i>"Updates in obstructive Sleep Disordered Breathing"</i> Internal Medicine Update 2004 Symposium College of Medicine, King Saud University
March 18, 2004	<i>"Medical Management of Obstructive Sleep Disordered Breathing"</i> GCC 3 rd ENT Scientific Meeting Hamad Medical Corporation Doha, Qatar
May 11, 2004	<i>"Non-Invasive Ventilation in Acute respiratory Failure"</i> Today's Challenges in Critical Care Practices Security Forces Hospital, Riyadh
May 2005	<i>"Sleep in Critical Care Units"</i> 1 st International Critical Care Conferecne Taif
May 2006	<i>"Challenges Facing Sleep Medicine in the Middle East"</i> Viasys Annual Meeting, Cyprus
September 2006	<i>"Efficacy of CPAP in OSA Patients"</i> 4 th Saudi Thoracic Meeting Jeddah

March 2007	<i>"Sleep Medicine in Saudi Arabia: Current Problems and Future Challenges"</i> 5 th Saudi Thoracic Society Meeting Riyadh
April 2007	<i>"Sleep in ICU"</i> International Critical Care Conference (ICCC 2007) Dubai
May 2007	<i>"Sleep in Acute Care Units"</i> Hospital Grand Round Military Hospital Riyadh
December 31, 2007	<i>"Sleep Apnea in: Adults"</i> Common problems in ENT and Ophthalmology Symposium Security Forces Hospital Riyadh, Saudi Arabia
January 1, 2008	<i>"Sleep Medicine in Saudi Arabia"</i> The First National Symposium on Sleep Disorders Jeddah, Saudi Arabia
January 2, 2008	<i>"Sleep Deprivation the Serial Killer"</i> The First National Symposium on Sleep Disorders Jeddah, Saudi Arabia
February 20, 2008	<i>"Sleep-Related Breathing Disorders in Obese Patients with Acute Respiratory Failure"</i> 1st Saudi International Respiratory Care Conference Prince Sultan Military College of Health Sciences, Dhahran
March 19, 2008	<i>"Sleep Apnea and Stroke: Cause or Consequence"</i> 6 th annual meeting of the Saudi Thoracic Society Riyadh, Saudi Arabia
March 19, 2008	<i>"Introduction into Clinical Research"</i> 6th annual meeting of the Saudi Thoracic Society Riyadh, Saudi Arabia
April 6, 2008	<i>"Mechanical Ventilation Waveform Interpretation"</i> 6th RMH Pediatric Symposium, PALS and Mechanical Ventilation Course Riyadh, Military hospital, Saudi Arabia
March 4, 2009	<i>"CPAP Therapy in OSA Patients"</i> 4 th Annual Respiratory Therapy Meeting King Faisal Specialist Hospital, Jeddah
April 4-6, 2009	<i>"Sleep Physiology"</i> 1 st International Pediatric and Adolescent Sleep Disorders Symposium. Riyadh, Saudi Arabia
April 4-6, 2009	<i>"Challenges facing Sleep Medicine in Saudi Arabia"</i> 1 st International Pediatric and Adolescent Sleep Disorders Symposium. Riyadh, Saudi Arabia
April 4-6, 2009	<i>"Does Ramadan Fasting Affect Sleep?"</i> 1 st International Pediatric and Adolescent Sleep Disorders Symposium. Riyadh, Saudi Arabia
December 10, 2009	<i>"Obstructive Sleep Apnea: regional Data"</i> 1 st Gulf Sleep Apnea Meeting, Dubai
December 10, 2009	<i>"How to establish a sleep disorder center? What are the challenges"</i> 1 st Gulf Sleep Apnea Meeting, Dubai
February 15, 2010	<i>"Special Session: OSA panel Discussion"</i> 7 th Annual Middle East Update in Otolaryngology Conference Dubai, UAE
February 16, 2010	<i>"Diagnostic testing in Sleep Disorders: types and Interpretation"</i> 7 th Annual Middle East Update in Otolaryngology Conference Dubai, UAE

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- February 16, 2010 *"Portable Monitoring: Accuracy, Outcome and Utilization"*
7th Annual Middle East Update in Otolaryngology Conference
Dubai, UAE
- February 23, 2010 *"History of Sleep medicine"*
Sleep 2010 Conference
King Fahad Medical City, Riyadh
- February 23, 2010 *"Obstructive Sleep Apnea: Regional Data"*
Sleep 2010 Conference
King Fahad Medical City, Riyadh
- February 24, 2010 *"Portable Monitoring Workshop"*
Sleep 2010 Conference
King Fahad Medical City, Riyadh
- February 24, 2010 *"Positive Airway Therapy in Sleep Apnea"*
Sleep 2010 Conference
King Fahad Medical City, Riyadh
- March 9, 2010 *"Insomnia and Related Disorders"*
Medicine Update 2010
College of Medicine, King Saud University, Riyadh
- March 19, 2010 *"Prevalence of OSA: Regional View"*
Gulf Thoracic 2010, Abu Dhabi, UAE
- March 20, 2010 *"Meet the Expert Session: Sleep Medicine"*
Gulf Thoracic 2010, Abu Dhabi, UAE
- April 29, 2010 *"Sleep in the Critically Ill"*
The Saudi Critical Care Society International Conference & 5th pan-Arab Critical Care medicine Congress, Jeddah Saudi Arabia
- April 29, 2010 *"Acute Hypercapnic Respiratory Failure in Obesity Hypoventilation"*
The Saudi Critical Care Society International Conference & 5th pan-Arab Critical Care medicine Congress, Jeddah Saudi Arabia
- May 26, 2010 *"Portable Monitoring in OSA: An Update"*
The 1st International Respiratory Care Conference, Riyadh
- June 8-10, 2010 *"How to Establish Sleep Medicine Service: Expected Challenges"*
1st international Respiratory Diseases Conference, Dammam
- June 8-10, 2010 *"Diagnostic testing in Sleep Disorders: types and Interpretation"*
1st International Respiratory Diseases Conference, Dammam
- June 8-10, 2010 *"Portable Monitoring Utilization in Sleep Apnea Workshop"*
1st international Respiratory Diseases Conference, Dammam
- December 16, 2010 *"Acute Respiratory Failure in Patients with Obesity Hypoventilation Syndrome"*
2nd Gulf Sleep Apnea Meeting, Dubai, UAE
- January 19, 2011 *"Medical Complications of Obstructive Sleep Apnea"*
2nd Internal Medicine Conference of the Saudi Society of Internal Medicine, Riyadh, KSA
- March 17, 2011 *"Sleep from an Islamic Perspective"*
2nd Gulf Thoracic Annual Congress, Dubai, UAE.
- April 2, 2011 Acute Hypercapnic respiratory Failure on Patients with Obesity Hypoventilation.
7th Medicine Update Conference
College of Medicine, King Saud University
- April 21, 2011 *"History of Research and Funding in Saudi Arabia"*
2nd Annual Medical Trainee Research Day
King Faisal Specialist Hospital and Research Center
- May 5, 2011 *"Sleep from an Islamic Perspective"*
2nd National Symposium on Sleep Medicine
Sultan Qaboos university, Muscat, Oman
- May 5, 2011 *"Acute Ventilatory Failure Complicating Obesity Hypoventilation"*
2nd National Symposium on Sleep Medicine
Sultan Qaboos university, Muscat, Oman

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- December 15, 2011 "Sleep Medicine in the Gulf Countries: What is Next?"
3rd Gulf Sleep Medicine Meeting
Dubai
- January 10-11, 2012 "Facts and numbers about sleep disorders in Saudi Arabia"
Recent Advances in Pulmonary Medicine Symposium
Riyadh, Saudi Arabia
- February 20, 2012 "Sleep Medicine in Saudi Arabia and the Gulf"
Prime Time Sleep Medicine Conference
King Fahad Medical City
- February 21, 2012 "Sleep in Ramadan"
Prime Time Sleep Medicine Conference
King Fahad Medical City
- March 14-17, 2012 History of Research and Funding in the KSA and the Gulf
3rd GulfThoracic Congress
Dubai
- April 4, 2012 "Sleep Medicine in the KSA: Past, Present and the Future"
The Annual Pediatric Sleep Medicine Conference
Riyadh Kharj Hospital
- April 4, 2012 "Acute Hypercapnic Respiratory Failure in Patients with Sleep
Disordered breathing
The Annual Pediatric Sleep Medicine Conference
Riyadh Kharj Hospital
- November 10, 2012 "NIV in COPD patients Beyond Exacerbation"
2nd Middle East Asthma & COPD Conference
Kuwait
- November 13, 2012 "The Prevalence and Impact of Sleep Apnea in the Middle East"
3rd Regional Conference of Sleep and respiratory Medicine
Sharm El Sheikh, Egypt
- November 14, 2012 "Challenges Facing Sleep Medicine in the Middle East"
3rd Regional Conference of Sleep and respiratory Medicine
Sharm El Sheikh, Egypt
- November 19, 2012 "Diagnostic Testing in Sleep Disorders"
Rhinology Conference
Rhinology Chair, King Abdulaziz University Hospital, Riyadh
- November 19, 2012 "What the ENT Surgeons need to Know about OSA"
Rhinology Conference
Rhinology Chair, King Abdulaziz University Hospital, Riyadh
- November 22, 2012 "Diagnosis and Management of OSA"
1st Middle East Trans Oral Robotic Surgery Conference
Hamad Medical Establishment, Doha, Qatar.
- December 20, 2012 "Saudi Regulations for the Accreditation of Sleep Medicine Practice"
4th Gulf Sleep Medicine Meeting, Dubai
- March 13-16, 2013 "Portable Sleep Studies and Unattended CPAP Titration"
GulfThoracic Annual Congress, Dubai, UAE
- May 16, 2013 "Sleep Medicine Service in Saudi Arabia"
Asthma, Critical Care, and Sleep Medicine symposium, Madinah,
- March 14, 2014 "How to turn your abstract in to a published paper"
GulfThoracic Congress, Dubai, UAE
- March 22, 2014 "Therapeutic Options for Hypersomnia"
American College of Chest Physicians World Congress, Madrid, Spain
- June 13, 2014 "New Treatment Modalities for Hypersomnia"
The inauguration conference of the Asia Sleep Society of Medicine
(ASSM) and the 8th National Congress of the Chinese Sleep Research
Society (CSRS)
Beijing, China
- October 14, 2014 "The association between obstructive sleep apnea and thrombosis"

	World Thrombosis Day, College of Medicine, King Saud University, Riyadh, Saudi Arabia
October 18, 2014	"Grant and Proposal Writing" King Abdulla Ear Research Center, King Abdulaziz University, Riyadh
October 22, 2014	"A journey for an idea to a published paper" Saudi Chapter, American College of Physicians (ACP), Al Faisal University, Riyadh
December 12, 2014	"How to track CPAP adherence and improve compliance" 6 th Gulf Sleep Medicine Meeting Dubai. UAE
March 5, 2015	"Proposal Writing" 6 th GulfThoracic Congress Dubai. UAE
March 5, 2015	"Impact of the New Hypopnea Criteria on the Severity of OSA" 6 th GulfThoracic Congress Dubai. UAE
March 11, 2015	"Association between Obstructive Sleep Apnea and Thrombosis" 6th International Conference on Thrombosis and Haemostasis Riyadh, Saudi Arabia
March 22, 2015	"Effects of diurnal intermittent fasting on sleep and circadian rhythm" 6 th World Association of Sleep Medicine (WASM) Seoul, Korea
December 13, 2015	"Perioperative Management of Morbidly Obese Patients with OSA" 3 rd Gulf Obesity & Metabolic Surgery Society Meeting Riyadh, Saudi Arabia
March 8, 2016	"Proposal Writing" Prince Sultan Medical City, Riyadh
March 12, 2016	"Gender Differences in Patients with Obesity Hypoventilation Syndrome" 1 st Asian Society of Sleep Medicine Congress, Taipei, Taiwan
March 24, 2016	"Acute ventilatory failure complicating obesity hypoventilation: A New Critical Care Syndrome" Jordanian Thoracic Society, Amman Jordan
March 25, 2016	"Impact of the New Hypopnea Criteria on the Severity of OSA" Jordanian Thoracic Society, Amman Jordan
May 10, 2016	"Grant and Proposal Writing" 4 th Clinical Research Workshop, Security Forces Hospital, Riyadh
May 19, 2016	"How to Write and Publish a paper?" National Guard Hospital Research Day, Riyadh
May 28, 2016	"Why research Ethics?" King Abdullah Ear Research Center, King Abdulaziz University, Riyadh
June 3, 2016	"Impact of New Hypopnea Criteria on the Severity of OSA" Annual Meeting of the " Sleep Disorders Society Malaysia", Nilai, Malaysia
June 4, 2016	"Hypercanic Respiratory Failure in OHS" Annual Meeting of the " Sleep Disorders Society Malaysia", Nilai, Malaysia
June 5, 2016	"Ramadan and Sleep" Annual Meeting of the " Sleep Disorders Society Malaysia", Nilai, Malaysia
June 5, 2016	"Sleep from an Islamic Perspective" Annual Meeting of the " Sleep Disorders Society Malaysia", Nilai, Malaysia
November 16, 2016	" How to track CPAP Adherence and Improve Compliance (Recent Updates)"

	8 th International Conference of the Royal Medical Services, Dead Sea, Jordan
November 16, 2016	"Gender Differences in Patients with Obesity Hypoventilation Syndrome (OHS): Is OHS a disease of Women?" 8 th International Conference of the Royal Medical Services, Dead Sea, Jordan
November 16, 2016	"Hypersomnia: Pharmacological Therapeutic Options" 8 th International Conference of the Royal Medical Services, Dead Sea, Jordan
December 10, 2016	"Gender differences in patients with OHS: Is OHS a disease of women?" 8 th Gulf Sleep Medicine Meeting, Dubai
December 11, 2016	"The SAVE trial: has the importance of CPAP for preventing cardiovascular events been discounted?" 8 th Gulf Sleep Medicine Meeting, Dubai
April 29, 2017	"OSA Patient Management, Importance of Compliance and How to Improve It" Turkish Sleep Society Congress, Bodrum, Turkey
October 20, 2017	"REM-Predominant OSA: Why we should Care" Tunisian Sleep Society Congress, Tunis
December 9, 2017	"CPAP compliance among patients with REM-only OSA" Gulf Sleep Medicine Congress, Dubai, UAE
September 18, 2018	"International State-of-the-Art on Home Sleep Testing" Philips Symposium (The 28 th European Respiratory Society Congress) Paris, France
October 19, 2018	"CPAP use in patients with REM-only OSA" 1 st International Respiratory Care Conference, Jeddah
October 19, 2018	"Hoe Sleep Testing and Unattended CPAP Titration" 1 st International Respiratory Care Conference, Jeddah
November 24, 2018	"How to apply for a research grant?" King Abdullah Ear Specialist Center (3 rd Research Day)
December 12, 2018	"Obesity Hypoventilation" The 29 th Annual Scientific Meeting in Internal Medicine on Obesity and Endocrinology, Imam Abdulrahman bin Faisal University, AL Khobar, Saudi Arabia
January 26, 2019	"Fasting, Mealtime, and Circadian Rhythm: Impact on Cardiometabolic Risk" 10 th Gulf Sleep Medicine Meeting, Dubai, UAE
March 20, 2019	"Sleep and the microbiome: Is there any relationship" Microbiota and obesity, Central lab for scientific and health research, King Saud University, Riyadh
March 31, 2019	"Grant and Budget Writing" 6 th Saudi Society of Rheumatology Conference, Riyadh Saudi Arabia
October 22-24, 2019	"Asynchrony in non-invasive ventilation" 2 nd Respiratory Care and Conference, King Faisal Specialist Hospital, Jeddah
October 22-24, 2019	"Microbiomes & Sleep" 2 nd Respiratory Care and Conference, King Faisal Specialist Hospital, Jeddah
October 29, 2019	"Research conduction Ethics" Princess Norah University Research Center, Riyadh
October 29, 2019	"Publication Ethics" Princess Norah University Research Center, Riyadh
November 13, 2019	"Mealtime, Circadian Rhythm, and Cardiometabolic Risk" The First Regional Asian Society of Sleep Medicine (ASSM) Congress, ASSM, Dalat, Vietnam
November 14, 2019	"Certification of sleep specialist and polysomnography physician"

	The First Regional Asian Society of Sleep Medicine (ASSM) Congress, ASSM, Dalat, Vietnam
November 21, 2019	Keynote Lecture: "Grant Writing" King Fahad Medical City Annual Research Forum
December 5, 2019	Keynote Lecture: "What we need to promote research" 7th Pediatrics Research Conference, Ministry of National Guard – Health Affairs, Riyadh, Saudi Arabia
December 21, 2019	"Sleep-Disordered Breathing in Patients with heart Failure" 8 th Saudi Heart Failure Symposium, Riyadh, Saudi Arabia
January 24, 2020	"Recent updates on narcolepsy: The Saudi experience" 11 th Gulf Sleep Medicine Conference, Dubai, UAE
June 14, 2020	"Sleep amid COVID-19 Pandemic" Sleep Changes in the Pandemic Virtual Symposium King Faisal Specialist Hospital and Research Center, Jeddah
July 8, 2020	"In lab sleep study: how safe is it for patient and health care provider" Webinar: Establishing a safe sleep medicine practice in the Era of COVID King Faisal Specialist Hospital and research Center, Riyadh
July 25, 2020	Webinar Workshop: "'Resuming Sleep Medicine Services amid an Ongoing COVID-19 Pandemic" Link to the recorded Webinar: https://www.youtube.com/watch?v=FdMUTlynulk University Sleep Disorders Center, College of Medicine, King Saud University
November 21, 2020	Sleep Medicine in Saudi Arabia
November 21, 2020	Virtual Conference of the Asian Society of Sleep Medicine Sleep Medicine Services and Research during COVID-19
January 29, 2021	Virtual Conference of the Asian Society of Sleep Medicine Sleep-disordered breathing A Day in Allergy and Respiratory Medicine: The Fourth Edition
May 15, 2021	Virtual Conference: Zayed Military Hospital, Abu Dhabi, UAE Organized and chaired: Symposium "Cross Talk Between Ramadan Intermittent Fasting, Mealtime, Sleep, and Circadian Rhythm 3 rd Congress of the Asian Society of Sleep Medicine Beijing, China, May 14-17, 2021
May 15, 2021	"The interactions between mealtime and the biological clock" 3 rd Congress of the Asian Society of Sleep Medicine Beijing, China, May 14-17, 2021
May 15, 2021	"The effects of Ramadan intermittent fasting on circadian rhythm" 3 rd Congress of the Asian Society of Sleep Medicine Beijing, China, May 14-17, 2021
May 16, 2021	"The Asian Accreditations Practice Guidelines of Sleep Medicine Physicians and Technologists" 3 rd Congress of the Asian Society of Sleep Medicine Beijing, China, May 14-17, 2021

PhD and MASTER STUDENTS Advisorship

- **PhD:** University of Readings, UK: Exploration of prescribing patterns of benzodiazepine and non-benzodiazepine (Z-drugs) medications in the management of insomnia in Saudi Arabia
- **Master:** King Saud University, College of Allied Health: "The effect of caffeine on the narcoleptic patients: Randomized, Controlled Clinical Trial"
- **Master:** King Saud University, College of Agriculture: "Comparison of Dietary Habits, Physical Activity and Sleep Pattern before and during Ramadan in Saudi Adults"

BIBLIOGRAPHY AND RESEARCH:

A. SCIENTIFIC ARTICLES & PAPERS IN PEER REVIEW JOURNALS:

1. **Bahammam A**, Kryger M. Decision making in obstructive sleep-disordered breathing. Putting it all together. *Clin Chest Med*. 1998 Mar;19(1):87-97.
2. Wali SO, **Bahammam AS**, Massaeli H, Pierce GN, Iliskovic N, Singal PK, et al. Susceptibility of LDL to oxidative stress in obstructive sleep apnea. *Sleep*. 1998 May 1;21(3):290-6.
3. **Bahammam A**, Choudhri S, Long R. The validity of acid-fast smears of gastric aspirates as an indicator of pulmonary tuberculosis. *Int J Tuberc Lung Dis*. 1999 Jan;3(1):62-7.
4. **Bahammam A**, Delaive K, Ronald J, Manfreda J, Roos L, Kryger MH. Health care utilization in males with obstructive sleep apnea syndrome two years after diagnosis and treatment. *Sleep*. 1999 Sep 15;22(6):740-7.
5. **Bahammam A**, Choudhri SH, Long R. Utility of Gastric Aspirates in Screening for Pulmonary Tuberculosis in High Risk Subjects: The Manitoba Experience *Canadian Journal of Infectious Diseases & Medical Microbiology*. 1999;10(1):69-73.
6. **Bahammam A**. Cardiac angiosarcoma presenting as right heart failure secondary to pulmonary vascular carcinomatosis. *Ann Saudi Med*. 1999 Jan-Feb;19(1):42-4.
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8. **Bahammam A**, Kryger M. Decision making in obstructive sleep-disordered breathing: putting it all together. *Otolaryngol Clin North Am*. 1999 Apr;32(2):333-48.
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14. **BaHammmam A**. Knowledge and attitude of Primary Health Care Physicians towards sleep disorders. *Neurosciences*. 2001;6:59-62.
15. **BaHammmam AS**. Acute eosinophilic pneumonia simulating severe community acquired pneumonia. *Saudi Med J*. 2002 Jan;23(1):104-8.
16. **BaHammmam A**. Sleep Pattern, Daytime Sleepiness, and Eating Habits During the Month of Ramadan. *Sleep and Hypnosis*. 2003;5:163-70.

17. **BaHammam A.** Comparison of nasal prong pressure and thermistor measurements for detecting respiratory events during sleep. *Respiration*. 2004 Jul-Aug;71(4):385-90.
18. **BaHammam A.** Effects of fasting during Ramadan on sleep architecture, daytime sleepiness and sleep pattern. *Sleep and Biological Rhythms*. 2004;2:135-43.
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20. **BaHammam A.** Polysomnographic Characteristics of Patients with Chronic Insomnia. *Sleep and Hypnosis* 2004; 6:163-168.
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42. "Submaximal Exercise in Patients with Obstructive Sleep Apnea". Alameri H, Al-Kabab Y, **BaHamman A**. ATS 2008 International Conference in Toronto, Ontario, Canada.
43. "Gender Differences in Saudi Patients with Sleep Apnea". AlOtair H, **BaHamman A**. European Respiratory Society Annual Congress, Berlin 2008 Congress.
44. "Submaximal Exercise in Patients with Obstructive Sleep Apnea". Alameri H, Al-Kabab Y, **BaHamman A**. 50th Anniversary of Paradoxical Sleep Discovery: A joint ESRS/WASM International Symposium, Lyon, France January 7-10, 2009.
45. "The Utility of ApneaLink™ as a Screening Tool for Obstructive Sleep Apnea". **Ahmed BaHamman**, Munir Chaudhery, Shaffi Shaikh. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
46. "Prevalence of Symptoms and Risk of Sleep Apnea in a Sample of Middle-aged Saudi Females using the Berlin Questionnaire". Mohammad Alrajeh, Maria Arafah, Fatimah Al-ibrahim,

- Ahmed BaHamman**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
47. "Prevalence and Characteristics of Obesity Hypoventilation Syndrome in Patients with Obstructive Sleep Apnea". Mohammed Alharbi, Munir Chaudhry, Shaffi Shaikh, **Ahmed BaHamman**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
48. "Event related evoked potentials in chronic respiratory encephalopathy". R. Zaidan, MD, PhD*, AR AL Tahan, FRCP *, S Jones MD^, A husain MD+, A mobeireek, FRCP *, **A BaHamman**, FRCP. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
49. "Chronobiology in young Saudis". Shaya Alshaya, Wael Almestehi, Abdurrahman, Albatli, **Ahmed BaHamman**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
50. "Assessment of Sleep Pattern, Energy Expenditure and Circadian Pattern of Body Temperature for Patients with Acute Coronary Syndrome using the ArmBand: A Preliminary Report". AlOtair H, Sharif MM, **BaHamman A**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
51. "Sleep habits and academic performance in medical students". Abdulrahman M. Alaseem, Abdulmajeed A. Alzkri, Deema Harakti, Maram Gattan, Muhammad M. Sharif, **Ahmed S. BaHamman**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
52. "Obesity and Sleep Duration in Young Saudi Adults: Is There an Association?" AlFotaih M, Basuliaman B, Alfakhri A, Sharif MM, **BaHamman A**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
53. "What Happens During REM Sleep in Patients with Shrinking Lung Syndrome?" Chaudhery M, Alhrabi A, **BaHamman A**. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
54. "Circadian Pattern of Sleep, Energy Expenditure, Body Temperature and heat Flux during Ramadan Fasting Using the ArmBand". **BaHamman A**, Sharif MM, Albabtain M, Alrajeh M. 7th Saudi Thoracic Society Annual Meeting, March, 2009, Riyadh, Saudi Arabia.
55. The Utility of ApneaLink as a Screening Tool for Obstructive Sleep Apnea. **BaHamman A**, Sharif M. European Respiratory Society Annual Congress, Vienna 2009 Congress.
56. Assessment of sleep pattern, energy expenditure and circadian pattern of body temperature for patients with acute coronary syndrome using the armband: a preliminary report. H. Alotair, M. Sharif, **A. BaHamman**. European Respiratory Society Annual Congress, Vienna 2009 Congress.
57. The Effect of One-night CPAP Therapy on Oxidative Stress and Anti-oxidant Defense in Patients with Severe OSA. Mohammad Alzoghbi, Munir Sharif, **Ahmed BaHamman**. Gulf Thoracic Conference, Abu Dhabi 2010 (2nd prize award)
58. Prevalence of Restless Legs Syndrome and its Correlates in a large Sample of Saudis. Khalid Alshahrani, Saeed Alzahrani, Aisha Alshammari, Najwa Alamri, Munir Sharif & Ahmed BaHamman. Gulf Thoracic Conference, Abu Dhabi 2010 (1st prize award)

59. Effect of Ramadan Fasting on the Circadian Pattern of Sleep after Controlling for Mealtime: an Objective Assessment. **AHMED BAHAMMAM**, MOHAMMAD ALRAJEH, MOHAMMAD ALBAPTAIN, SALMAN BAHAMMAM, MUNIR SHARIF. Gulf Thoracic Conference, Abu Dhabi 2010
60. Sodium Oxybate in Patients with Refractory Cataplexy: A University Center Experience. Mashael K. Alshaikh, Divine Gacuan, Mahwish S.K. Hajana, Munir Sharif, **Ahmed BaHammam**. Gulf Thoracic Conference, Abu Dhabi 2010
61. The effect of one-night CPAP therapy on oxidative stress and antioxidant defense in patients with severe obstructive sleep apnoea. **A. BaHammam**, M. Alzoghaibi, M. Sharif. The 20th Congress of the European Sleep Research Society, Lisbon 14-18 September 2010
62. Effect of Ramadan fasting on the circadian pattern of sleep after controlling for mealtime: an objective assessment. **A. BaHammam** , M. Alrajeh , S. Bahammam , M. Albaptain, M. Sharif. The 20th Congress of the European Sleep Research Society, Lisbon 14-18 September 2010.
63. The effect of one-night CPAP therapy on oxidative stress and antioxidant defense in patients with severe obstructive sleep apnoea. **A. BaHammam**, M. Alzoghaibi, M. Sharif. European Respiratory Society Annual Congress, Barcelona 18-22 September 2010.
64. Arrhythmia in patients with Obstructive Sleep Apnea. Nader Alasousi, Munir Sharif, Ahmed Hersi, **Ahmed BaHammam**. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011.
65. Polysomnographic and Clinical Characteristics and Predictors of Obesity Hypoventilation Syndrome in Saudis. **Ahmed S. BaHammam**, FRCP, FCCP; Almeneessier A, MD, Munir M. Sharif. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011.
66. Objective Assessment of Sleep Pattern During Ramadan Fasting in Muslims and non-Muslims. **Ahmed S. Bahammam**, Abdulrhman Alaseem, Abdulmajid Alzakri, Munir M. Sharif. . 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011.
67. Prevalence of Thyroid Disease in Patients with Obstructive Sleep Apnea. Salman A. Bahammam, Munir M. Sharif, Anwar A. Jammah, **Ahmed S. BaHammam**. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011.
68. Sleep architecture of consolidated and split-sleep due to *Fajr* prayer and its impact on daytime sleepiness. **Ahmed S. BaHammam**, Almeneessiaer A, Munir M. Sharif. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011. (best research award).
69. Meta-Analysis of the Efficacy of Sodium Oxybate (Xyrem®) in Patients with Narcolepsy-Cataplexy. Mashael Alshaikh, Andrea Tricco, Mariam Tashkandi, Muhammad Mamdani, **Ahmed S. BaHammam**, Sharon Straus. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011.
70. Validation of BodyMedia's SenseWear™ Armband for Determining Sleep and Wake in Patients with Obstructive Sleep Apnea. **Ahmed BaHammam**, Munir Sharif. 2nd GulfThoracic Annual Congress, Dubai, March 17-19, 2011. (best Research award).
71. Objective assessment of sleep pattern and daytime sleepiness during Ramadan fasting in Muslims and non-Muslims. **Ahmed S. Bahammam**, Abdulrhman Alaseem, Abdulmajid Alzakri, Munir M. Sharif. European Respiratory Society Annual Congress, Amsterdam, September 24-28, 2011. (Oral)

72. Prevalence and predictors of arrhythmia in patients with obstructive sleep apnea (OSA). Nader Alasousi, Munir Sharif, Ahmed Hersi, **Ahmed BaHammam**. European Respiratory Society Annual Congress, Amsterdam, September 24-28, 2011.
73. Prevalence of thyroid disease in patients with obstructive sleep apnea. Salman A. Bahammam, Munir M. Sharif, Anwar A. Jammah, **Ahmed S. BaHammam**. European Respiratory Society Annual Congress, Amsterdam, September 24-28, 2011.
74. Eosinophils Enhance Airway Smooth Muscle Cell Proliferation Via the Release of Cysteinyl Leukotrienes. Halawani R, Al-Mohsen S, **BaHammam A**, Al-Jahdali H, Qutayba H. XXII World Allergy Congress, Cancun, Mexico, December 4-8, 2011.
75. Th17 Related Cytokines Promote the Production of Profibrotic Cytokines From Human Eosinophils. Al-Mohsen S, Halawani R, **BaHammam A**, Qutayba H. XXII World Allergy Congress, Cancun, Mexico, December 4-8, 2011.
76. **BaHammam A**, Sharif M, Almushailhi K, Zeyadah M. Does Islamic Intermittent Fasting Affect Sleep Architecture and Daytime Sleepiness? 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
77. Alamri B, Alzahrani F, Sharif M, **BaHammam A**. Insomnia in primary care: A survey conducted on Saudis attending primary care clinics. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
78. **BaHammam A**, Salama R, Sharif M, Asiri S, Alsadhan I, Altheyab A, Al-Rayes A, AlKhawajah M. Objective Assessment of Positive Airway Pressure Therapy Compliance in Patients with Severe Obstructive Sleep Apnea. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
79. **BaHammam A**, Al-Shimemeri S, Sharif M, Salama R. Prevalence, characteristics and response to CPAP therapy of nightmares in patients with obstructive sleep apnea. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012. (2nd best research Award)
80. **BaHammam A**, Sharif M, Alshamqiti A, Aldakhil A, Lesloum R, Alkhunizan A, Neyaz S. Sleepiness, near-misses and driving accidents among drivers in Saudi Arabia: Preliminary data. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
81. **BaHammam A**, Obeidat A, Barataman K, Sharif M, Salama R. Prevalence and Clinical Characteristics of REM-related Obstructive Sleep Apnea (OSA). 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
82. Almasri S, Alaqeel A, Al-Yamany M, **BaHammam A**, Sharif M, Mohammad. Prevalence of symptoms and risk of sleep apnea in patients with cerebral aneurysms. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
83. **BaHammam A**, Obeidat A, Barataman K, Sharif M, Salama R. Comparison of the American Academy of Sleep Medicine "Recommended" and "Alternative" definitions for detecting obstructive sleep apnea. 3rd GulfThoracic Annual Congress, Dubai, March 15-17, 2012.
84. H. AL-Jahdali, A. AlEnezi, **A. BaHammam**, A. AlJumah, S. Baharoon, A. Abdo; M.M. Sharif. Patients with Liver Cirrhosis Are At High Risk Of Obstructive Sleep Apnea And Excessive Daytime Sleepiness. *American Thoracic Society (ATS) Annual Congress*, San Francisco 2012.

85. H. AL-Jahdali, A. AlEnezi, **A. BaHamman**, A. Aljumah, S. Baharoon, A. Abdo, M.M. Sharif. High Prevalence of Restless Legs Syndrome Symptoms in Liver Cirrhosis Patients. *American Thoracic Society (ATS) Annual Congress*, San Francisco 2012.
86. Alaqeel A, Almasri S, Al-Yamany M, **BaHamman A**, Sharif M, Youssef M. Obstructive Sleep Apnea and Cerebral Aneurysms: is there a link? *The 46th Congress of the Canadian Neurological Sciences Federation*, Ottawa, Ontario, June 5 - 8, 2012.
87. Almasri S, Alaqeel A, Al-Yamany M, **BaHamman A**, Sharif M, Mohammad. Prevalence of symptoms and risk of sleep apnea in patients with cerebral aneurysms. *The 6th Saudi Association of Neurosurgical Surgeons Meeting*. Alkhobar, Saudi Arabia, April 3-5, 2012. (best Research award)
88. **BaHamman A**, Salama R, Sharif M. Prevalence and clinical characteristics of REM-related obstructive sleep apnea. Annual Congress of the Malaysian Thoracic Society, Kuching, Sarawak, Malaysia, July 6-8, 2012.
89. **BaHamman A**, Al-Shimemeri S, Sharif M, Ibrahim R. Prevalence, characteristics and response to CPAP therapy of nightmares in patients with obstructive sleep apnoea. 21st Congress of the European Sleep Research Society, Paris, September 4-8, 2012.
90. **BaHamman A**, Sharif M, Almushailhi K. The Effect of Intermittent Fasting on Sleep Architecture and Daytime Sleepiness. 21st Congress of the European Sleep Research Society, Paris, September 4-8, 2012.
91. **BaHamman A**, Sharif M. Sleep Estimation using BodyMedia's SenseWear™ Armband in Patients with Obstructive Sleep Apnea. 21st Congress of the European Sleep Research Society, Paris, September 4-8, 2012.
92. Rabih Halwani, Saleh Al-Muhsen, **Ahmed Bahammam**, Hamdan Al-Jahdali, and Qutayba Hamid, MD, PhD. Eosinophils Enhance Airway Smooth Muscle Cell Proliferation via the Release of Cysteinyl Leukotrienes. 2nd WISC 2012 - World Allergy Organization, Hyderabad, India, December 2-9, 2012.
93. Eiman Alanbay, Nuha AlRajhi, Munir M. Sharif, **Ahmed S. BaHamman**. "The utility of split-night sleep studies in titrating CPAP in OSA patients". 4th GulfThoracic Annual Congress, Dubai, March 13-16, 2013.
94. Abdulaziz Qrmlı, Abdullellah Almohaya, Naif Almajal, Khalid Alamri, Salman Bahammam, Mashour Alenezi, Atif Alenezi, Aljoharah Almeneessier, Munir M. Sharif, **Ahmed BaHamman**. "Sleep Medicine Education and Knowledge among Medical Students in Selected Saudi Medical Colleges". 4th GulfThoracic Annual Congress, Dubai, March 13-16, 2013.
95. Amer Alshantiti, Rabea Lesloum, Abdulrahman Aldakhi, Muath Alkhunizan, Munir M. Sharif, **Ahmed S. BaHamman**. "Sleepy driving among drivers in Saudi Arabia: A national survey". 4th GulfThoracic Annual Congress, Dubai, March 13-16, 2013.
96. ". Bodoor A. Tayeb, Asma A. Bedaiwi, Mohammed H. Alharbi, Munir M. Sharif, **Ahmed S. BaHamman**. "Prevalence of symptoms and risk of obstructive sleep apnea among patients with diabetes mellitus. 4th GulfThoracic Annual Congress, Dubai, March 13-16, 2013.

97. Asma A. Bedaiwi, Bodoor A. Tayeb, Mohammed H. Alharbi, Munir M. Sharif, **Ahmed S. BaHamman**. "The prevalence of restless legs syndrome among Saudis with diabetes mellitus". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013..
98. Mohammed H. Alharbi, Bodoor A. Tayeb, Asma A. Bedaiwi, Munir M. Sharif, **Ahmed S. BaHamman**. "Insomnia and quality of sleep among Saudi diabetic patients". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
99. **Ahmed S. BaHamman**, Munir M. Sharif, Khalid Almusailhi, Mohammed Alzoghaibi. "Intermittent fasting does not influence the circadian pattern of melatonin when controlling for meals, light exposure and sleep schedules". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
100. Mohammed Alzoghaibi, **Ahmed S. BaHamman**, Munir M. Sharif, Khalid Almusailhi. "Circadian pattern of circulating leptin levels during intermittent fasting". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
101. Salman BaHamam, Amr Obeidat, Kashmira Barataman, Munir M. Sharif, **Ahmed S. BaHamman**. "Comparison of the AASM "2012" and "2007" definitions for detecting hypopneas". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
102. **Ahmed S. BaHamman**, Mashni Alsaeed, Mohammed AlAhmari, Ibrahim Al Balawi, Munir M. Sharif. "Sleep medicine Facility in KSA: A national Survey". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
103. Abdullellah Almohaya, Munir M. Sharif, , Khalid Almusailhi, Samar Nashwan, **Ahmed S. BaHamman**. "Demographic and clinical characteristics in a large group of Narcoleptics in Saudi Arabia". 4th *GulfThoracic Annual Congress*, Dubai, March 13-16, 2013.
104. **BaHamman A**, Alzoghaibi M, Sharif M. "Intermittent fasting does not influence the circadian pattern of melatonin when controlling for meals, light exposure and sleep schedules". World Congress on Sleep Medicine 2013. Valencia, Spain, September 28-October 2, 2013
105. **BaHamman AS**, Alohaya A, Aharbi A, Alsaadi M, Nashwan S, Albarrak A. No association between A(H1N1)pdm09 vaccine and narcolepsy in Saudi patients: A preliminary report. 5th *GulfThoracic Annual Congress*, Dubai, March 13-15, 2014
106. Alzoghaibi M, Sharif M, **BaHamman AS**. Islamic Intermittent Fasting has No Effect on Oxidative Stress in Health Subjects. 5th *GulfThoracic Annual Congress*, Dubai, March 13-15, 2014.
107. **BaHamman AS**. Diurnal fasting effects on melatonin when controlling for meals, light exposure and sleep schedules. The 8th Biennial Conference and the 20th Anniversary of the Chinese Sleep Research Society (CSRS). Beijing, China, June 13-15, 2014.
108. **BaHamman A**. Prevalence of sleep-related accidents among Saudi drivers. 22nd Congress of the European Sleep Research Society (ESRS). Tallinn, Estonia, September 16-20, 2014
109. Aladab A, **BaHamman A**, Alasiri S, Alsadhan I, Altheyab A, Al-Rayes A, Alkhawajah M, Olaish A. Compliance to CPAP therapy in patients with severe obstructive sleep apnea. 6th World Association of Sleep medicine Congress (WASM). Seoul, Korea, March 23-25, 2015.

110. **A.S. BaHammam**, S.R. Pandi-Perumal, A. Piper, S. Javaheri. Gender differences in patients with obesity hypoventilation syndrome: a prospective observational study. 7th World Congress of the World Sleep Federation. Istanbul, Turkey, 31 October to 3 November 2015.
111. Ghassan Alkharboush¹, Ahmad Saleem, Faisal Al Rashed, Awad Olaish, **Ahmed BaHammam**. Knowledge and attitude of primary care physicians in Riyadh city toward sleep and selected sleep disorders: a preliminary report. 3rd Asian Sleep Congress. Academia, Singapore, 20-22/11/2015.
112. "Prevalence of Restless Leg Syndrome Among Patients Suffering from Inflammatory Bowel Disease in Saudi Arabia". Alharbi, Othman; Azzam, Nahla; Almadi, Majid; Angkaya, Fatima; Sadaf, Nazia; Aljebreen, Abdulrahman; **BaHammam, Ahmed**; AlSaleh, Suhai. Inflammatory Bowel Diseases: March 2016 - Volume 22 - Issue - p S28 doi: 10.1097/01.MIB.0000480162.93298.cb
113. Ahmed Saleem, Faisal Al Rashed, Ghassan Alkharboush, Ibrahim AlNajashi, Othman Almazyad, Aljohara Almeneessier, Awad H. Olaish, **Ahmed BaHammam**. Knowledge and attitude of primary care physicians in Riyadh city toward sleep and sleep disorders. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
114. **BaHammam AS**. Sabber YS, Alangari MI, Aldubayan AK, Shasridah AM, Al Taki AM, Olaish AH. Prevalence of restless legs syndrome in a large sample of Saudi pregnant women. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
115. **BaHammam AS**. Sabber YS, Alangari MI, Aldubayan AK, Shasridah AM, Al Taki AM, Olaish AH. Prevalence of obstructive sleep apnea in a large sample of Saudi pregnant women. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
116. Ahmed Saleem, Faisal Al Rashed, Ghassan Alkharboush, Ibrahim AlNajashi, Othman Almazyad, Aljohara Almeneessier, Awad H. Olaish, **Ahmed BaHammam**, Primary Care Physicians' Assessment of Patients' Driving Eligibility. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
117. **Ahmed S. BaHammam**, Seithikurippu R. Pandi-Perumal, Mohammed A. Alzoghaibi. The Effect of Ramadan Intermittent Fasting on Lipid Peroxidation in Healthy Young Men while Controlling for Diet and Sleep: A pilot study. 1st Asian Society of Sleep Medicine Congress, Taipei, Taiwan
118. Aljurf T. Olaish AH, **BaHammam AS**. Prevalence of Obstructive Sleep Apnea and sleepiness among commercial airline pilots in the Gulf Cooperation Council. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
119. Aljurf T. Olaish AH, **BaHammam AS**. Prevalence of Obstructive Sleep Apnea and sleepiness among commercial airline pilots in the Gulf Cooperation Council. 7th GulfThoracic Annual Congress, Dubai, March 9-12, 2016.
120. Aldubayan, M.I. Alangari, A.M. Alsharidah, A.H. Olaish, Y. Saber, A. Taki, **A. BaHammam**. Prevalence of Obstructive Sleep Apnea Among Pregnant Women in Saudi Arabia. 25th Saudi Society of Obstetrics and Gynecology Conference. Alkhobar, 18-20 April, 2016 (Best research award).
121. Aldubayan, M.I. Alangari, A.M. Alsharidah, A.H. Olaish, Y. Saber, A. Taki, **A. BaHammam**. Prevalence of Obstructive Sleep Apnea Among Pregnant Women in Saudi Arabia. American Thoracic Society, San Francisco, May 13-18 2016. p.A7438
122. M.I. Alangari, A.K. Aldubayan, A.M. Alsharidah, Y. Saber, A.H. Olaish, A. Taki, **A. BaHammam**, The Prevalence and Severity of Restless Legs Syndrome Among Pregnant Women in Saudi Arabia. American Thoracic Society, San Francisco, May 13-18 2016. p.A4225

123. Rabih Halwani, Asma Sultana, **Ahmed Bahammam**, Saleh Al Muhsen. Th-17 Regulatory Cytokines Enhance Neutrophil Production of IL-17 during Asthma. XXIV World Allergy Congress, Seoul, Korea, 14-17 October 2015
124. A. Saleem, F. Alrashed¹, G. Alkharboush, O. Almazyed, A. Almeneessier, A. Olaish, **A. BaHamman**. Primary Care Physicians' Knowledge of and Attitude toward Sleep Medicine and Sleep Disorders, (abstract A-775-0030-00495). 23rd European Sleep Research Society (ESRS) Congress. Bologna, 13 - 16 September 2016.
125. Aljurf T, **BaHamman AS**. Prevalence of Sleepiness, Fatigue and Depression Among Gulf Cooperation Council Commercial Airline Pilots. 8th Gulf Sleep Medicine Meeting, Dubai, 11 December 2016.
126. Qasrawi S, **BaHamman AS**. Did the H1N1 Vaccine Increase the Incidence of Narcolepsy Among Saudis?. 8th Gulf Sleep Medicine Meeting, Dubai, 11 December 2016.
127. BaHamman AA, Almeneessier AS, Alzoghaibi M, Nashwan SZ, Olaish A, **BaHamman AS**. The effect of diurnal intermittent fasting on the wake-promoting neurotransmitter "Orexin". 9th Gulf Sleep Medicine Congress, Dubai, 9, December, 2017 (**Best Research Award Winner**)
128. Alqahtani M, Aljurf L, **BaHamman AS**. The effect of AC sound on sleep latency, duration and efficiency. 9th Gulf Sleep Medicine Congress, Dubai, 9, December, 2017
129. Aldosari M, **BaHamman AS**, Olaish A, Nashwan SZ, Abu Almeaty M. The effect of caffeine of sleepiness in patients with narcolepsy: A randomized controlled trial. 40th ESPEN Congress on Clinical Nutrition & Metabolism, Madrid, Spain, September 3, 2018.
130. **BaHamman AS**, Al Shareef SM, Basit S, Pfister C, Pradervand S, Lecendreux M, Peraita-Adrados R, Mayer G, Dauvilliers Y, , Tafti M. Kleine-Levin syndrome is associated with LMOD3 variants. 24th Congress of the European Sleep Research, Basel, Switzerland. September 28, 2018. DOI: 10.1111/jsr.12751
131. Alshahrani M, Alessie S, Olaish A, Almeneessier A, **BaHamman AS**. A comparison between blood pressure during obstructive events in REM and non-REM sleep. 10th Gulf Sleep Medicine Congress, Dubai, 26 January, 2019.
132. BaHamman AA, Almeneessier AS, Olaish A, **BaHamman AS**. Effects of Diurnal Intermittent Fasting on Daytime Sleepiness Reflected by EEG Absolute Power. 10th Gulf Sleep Medicine Congress, Dubai, 26 January, 2019.
133. Almeneessier AS, BaHamman AA, Alzoghaibi M, Olaish AH, Nashwan SZ, **BaHamman AS**. The effects of diurnal intermittent fasting on proinflammatory cytokine levels while controlling for sleep/wake pattern, meal composition and energy expenditure. 11th Gulf Sleep Medicine Congress, Dubai, January 2020
134. Aldosari M, Olaish A, Nashwan SZ, Abu Almeaty M, **BaHamman AS**. The Effect of Caffeine on Drowsiness in Patients with Narcolepsy: A Randomized Controlled Pilot Study. 11th Gulf Sleep Medicine Congress, Dubai, January 2020.
135. Abulmearty MM, **BaHamman AS**, Almajwal AM, Aljuraiban GS, Aldosari M. Validation of the predictive equations for resting metabolic rate estimation in patients with narcolepsy. ESPN Vituasl Congress, September 19-21, 2020

H. INTERNET:

Websites developed:

1. "Encyclopedia of Sleep in Health and Disease – الموسوعة النوم في الصحة والمرض". **BaHamman A**. The First Comprehensive (Bilingual Arabic/English) Web Site about Sleep Medicine.
www.sleep-sa.net
2. "The University Sleep Disorders Center website". <http://sleep-ksu.net/Home.aspx>
(Best Health Website 2011 award: Kentico CMS website Competition)
<http://www.kentico.com/Customers/Site-of-the-Year/Site-of-the-Year-2011>

3. Prof. Ahmed BaHamman website: <http://faculty.ksu.edu.sa/ahmedbahammam>

GRANTS:

- Establishment of the “The National Sleep Disorders Research Center of Excellence”. Approved. (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Sleep Disordered Breathing in Patients with Acute Coronary Syndrome (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Signal failure of Type Unattended sleep studies (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Sleep quality of patients with acute coronary syndrome outside the CCU environment. (Grant from King Abdulaziz City for Science and Technology “KACST”)
- The effect of Islamic fasting on Daytime Sleepiness and Melatonin Circadian Rhythm (Grant from College of Medicine Research Center “CMRC”)
- Lipid Peroxides in asthmatic patients (CMRC)
- Chronotype in Muslims and non-Muslims during Ramadan (CMRC).
- Lipid Peroxide in sleep apnea patients (CMRC).
- Circadian pattern in patients with acute coronary syndrome (CMRC)

Programs Established or Reviewed:

- **Fundamental Critical Care Support Course (FCCS):** Established the FCCS Course in Saudi Arabia as the 5th country in the world to start this course (1998) and then participated in establishing this course as a National Program. [www.sccm.org/FCCS and Training Courses](http://www.sccm.org/FCCS_and_Training_Courses)
- **The First Academic Sleep Disorders Center:** Established the 1st Academic Sleep Disorders Center in King Saud University (2001).
- **Saudi Thoracic Society (STS):** A founding member of the STS and a member of the founding board (2003). <http://www.saudithoracic.org/>
- **King Saud University Sleep Medicine Fellowship:** as the 1st Sleep Medicine Fellowship in the region (2009). <http://sleep.ksu.edu.sa>
- **Polysomnography Course and Workshop programs.** <http://sleep.ksu.edu.sa> Until December 2014, 11 courses have been conducted.
- **The Saudi Sleep Medicine Group (SSMG): A founding member** of the group. <http://www.saudisleep.org>
- **Respiratory Therapy Program** (four-year, program leading to the Bachelor of Science degree). King Abdullah Institute for Research and Consulting Studies, King Saud University. <http://www.ksu.edu.sa/ms/Pages/ms04.aspx>

Web sites:

- **Sleep in Health and Disease:** sleep-sa.net
- **The University Sleep Disorders Center:** sleep.ksu.edu.sa
- **Prof. BaHamman web page at King Saud University Web site:** faculty.ksu.edu.sa/ahmedbahammam

Reviewer for the Following Journals:

- McMaster PLUS, [EvidenceAlerts](#)
- American Journal of Respiratory and Critical Care Medicine (Blue Journal)
- Thorax
- Ann Thoracic Med
- Sleep and Breathing
- Sleep Medicine
- Expert Review in Respiratory Medicine

- Respiratory Med
- BMC Public Health
- J Clin Outcome
- American J Case Report
- PLoS One
- Sleep and Hypnosis
- Crit Care
- BMC Health Services Research
- Frontiers in Sleep and Chronobiolog
- Saudi Med J
- Ann Saudi Med
- Respirology
- American J Resp Crit Care Med
- Chronobiology International

SPECIAL TRAINING AND EDUCATION:

- October 16-18, 1996 **Transatlantic Interventional Pulmonology Course: "Therapeutic Bronchoscopy and Medical Thoracoscopy".**
Didactic sessions led by world experts in the field of Interventional Pulmonology, with hands-on training using inanimate models and live animal models for procedures including:
- Laser Bronchoscopy (Fibro-optic & Rigid Bronchoscopy).
 - Medical Thoracoscopy
 - Transbronchial Needle Aspiration
 - Endobronchial stent placement & Balloon dilatation
 - Endobronchial Brachytherapy
 - Cryotherapy
- Lahey Hitchcock Medical Centre
Burlington, Massachusetts
- August 30, 1996 **Percutaneous Dilatational Tracheostomy Workshop**
Including hands-on training using inanimate models and cadavers
University of Florida, Jacksonville
- September 1994 - June 1995 **"Biomedical Instrumentation Course" Critical Care Program**
University of Manitoba
- September 1995- June 1996 **"Advanced Applied Physiology Course"**
Respiratory and Critical Care Program
University of Manitoba
- September 1995- June 1996 **"Pulmonary Function and Exercise Testing Course"**
Respiratory Medicine Program
University of Manitoba

Updated September 2021

September 14-17, 1995	“Mechanical Ventilation Principles and Applications” University of Minnesota (Dr. John Marini), Minneapolis, Minnesota
April 4-5, 1997	“Mechanical Ventilation for the Clinician” University of Toronto
July 1994	Flight Physiology and Medicine Course Manitoba Air Ambulance, Winnipeg
September 28-29, 1996	“Transplantation 1996: Update on Solid Organ Transplantation” Washington University St. Louis, MO
June 2-5, 1996	“Lung Pathology” American College of Chest Physicians (ACCP) Phoenix, Arizona
June 10, 1997	Pediatric Polysomnography Workshop Associated Parties of Sleep Societies (APSS) San Francisco, CA
May 16, 1997	“Pulmonary Rehabilitation: Update 1997” The American Thoracic Society San Francisco
May 17, 1997	“Interventional Pulmonology Course” The American Thoracic Society San Francisco
October 26, 1997	“Respiratory Home Care including Home Mechanical Ventilation: A New Frontier for Reducing Health Care Cost” American College of Chest Physicians Orleans, Louisiana
June 19, 1999	“Advanced Polysomnographic Techniques” Associated Parties of Sleep Societies (APSS) Orlando, FL
June 20, 1999	“Treatment of Insomnia” Associated Parties of Sleep Societies (APSS) Orlando, FL
October 21- 29, 1999	“Clinical Polysomnography” Atlanta School of Sleep Medicine Training and Technology Northside Hospital Atlanta, Georgia